



LUNCH MENU



Mama's Kitchen

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Chicken Basket Fruit	Potato Bar Broccoli/Cheese Baked Beans Carrot Sticks Bread Slice Fruit	Lasagna Bread Stick Fruit	Turkey Mashed Potatoes Peas/Carrots Rolls Fruit	Corndog Mac/Cheese Broccoli Fruit

Subs And Salads

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Turkey or Ham Wrap or Chef Salad	Turkey or Ham Sub or Chef Salad Baked Beans	Turkey or Ham Wrap or Chef Salad	Turkey or Ham Sub or Chef Salad	Turkey or Ham Wrap or Chef Salad

*Subs and sandwiches are served with lettuce, tomato, pickles, onion
 *Vegetable sticks with dip, baked chips, tossed salad and fruit

Pop's Grill

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Cheeseburger Spicy Chicken	Cheeseburger Hot dog Baked Beans	Cheeseburger Ham/Cheese	Cheeseburger Hamburger	Cheeseburger Spicy Chicken

*Served with lettuce, tomato, pickles, onions and fruit
 *Fries will be shoestring, spicy, wedges or sweet potato fries

Pizza And Lil' More

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Pizza Sticks Tossed Salad	Taco Bar Tossed Salad	Pizza Tossed Salad	Spaghetti Bread Stick Tossed Salad	Pizza Tossed Salad

*Choice of vegetables and fruits

<u>Lunch Prices:</u>	
Students/Lunch	No Cost
Employees	3.50
Visitors	3.75
*Menu is subject to change without notice due to price and availability of food.	

Common food allergen triggers including, but not limited to, dairy, nuts, soy and wheat may have come in contact with all foods during product manufacturing or serving.

<u>Vegetables</u>	<u>Fruits</u>	<u>Milk</u>	<u>Juice</u>
Broccoli Carrot Cauliflower Celery Cucumber Green Beans Green Pepper	Lettuce Onion Potatoes Radish Refried Beans Tomato	Apple Banana Grapes Kiwi Orange Pears Pineapple Strawberries	Fat Free Flavored 1% White Skim White 100% Apple 100% Orange

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(1) mail: U.S. Department of Agriculture
 Office of the Assistant Secretary for Civil Rights
 1400 Independence Avenue, SW
 Washington, D.C. 20250-9410;
 (2) fax: (202) 690-7442; or
 (3) email: program.intak@usda.gov.

This institution is an equal opportunity provider

Breakfast Menu

Monday

Choose
Biscuit Sausage
or
Grab-n-Go
Cereal
Fruit served
with all choices

Tuesday

Choose
Pop tart
or
Grab-n-Go
Cereal
Fruit served
with all choices

Wednesday

Choose
Doughnut
or
Grab-n-Go
Cereal
Fruit served with
all choices

Thursday

Choose
Muffin
or
Grab-n-Go
Cereal
Fruit served
with all choices

Friday

Choose
Sausage
Biscuit
or
Grab-n-Go
Cereal
Fruit served
with all choices

Fat free flavored milk, skim white milk, 100% orange juice and apple juice served daily.

Breakfast Prices:

Students:	NO COST
Employees	\$2.50
Visitors	\$2.75

DEMS



2016-2017

Lunch Menu