



# LUNCH MENU



## Country Café

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Chicken Mashed Potato Green Beans Tossed Salad Roll Fruit	Soup Bar Grilled Cheese Crackers Tossed Salad Fruit	Meatloaf Mashed Potatoes Peas/Carrots Bread Slice Tossed Salad Fruit	Corndog Green Beans Mac/Cheese Carrot Sticks Bread Slice Tossed Salad Fruit	Chicken Basket Tossed Salad Fruit

## Sub And Salad Shoppe

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Turkey or Ham Wrap or Tuna or Pimento Cheese Sandwich or Chef Salad	Turkey or Ham Wrap or Tuna or Pimento Cheese Sand- wich or Chef Salad	Turkey or Ham Sub or Tuna or Pimento Cheese Sandwich or Chef Salad	Turkey or Ham Sub or Tuna or Pimento Cheese Sandwich or Chef Salad	Turkey or Ham Sub or Tuna or Pimento Cheese Sandwich or Chef Salad

\*Subs and sandwiches are served with lettuce, tomato, pickles, onion. Side Salads and Fruit

## Eagle Grill

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Cheeseburger Hamburger Spicy Chicken	Bacon Cheeseburger Hamburger Chili Hotdog Baked Beans	Cheeseburger Hamburger Buffalo Wrap	Cheeseburger Hamburger Chicken-Bacon Club	Cheeseburger Hamburger Fish

\*Served with lettuce, tomato, pickles, onions and fruit.

\*Fries will be shoestring, spicy, wedges or sweet potato fries. Side Salad and Fruit

### Lunch Prices:

<b>Students</b>	<b>No Cost</b>
<b>Adults</b>	
	<b>\$4.85</b>

\*Menu is subject to change without notice due to price and availability of food.

*Common food allergen triggers including, but not limited to, dairy, nuts, soy and wheat may have come in contact with all foods during product manufacturing or serving.*

## Pizzazz

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Pizza Sticks Broccoli Tossed Salad	Taco Tossed Salad Refried Beans	Pizza Corn Tossed Salad	Spaghetti Bread Stick Tossed Salad	Pizza Tossed Salad

\*Choice of vegetables and fruits.

<u>Vegetables</u>	<u>Fruits</u>	<u>Milk</u>	<u>Juice</u>
Broccoli Carrot Cauliflower Celery Cucumber Green Beans Green Pepper	Lettuce Onion Potatoes Radish Refried Beans Tomato	Apple Banana Grapes Kiwi Orange Pears Pineapple Strawberries	Fat Free Flavored Skim White  <b>Choice of Milk Served on all Lines</b>
			100% Apple 100% Orange

# Breakfast Menu

## Monday

Choose  
Sausage  
Biscuit  
or  
Pop Tart  
or  
Grab-n-Go  
Cereal  
Fruit served  
with all choices

## Tuesday

Choose  
Bacon Egg  
Biscuit  
or  
Grab-n-Go  
Cereal  
Fruit served  
with all choices

## Wednesday

Choose  
Chicken/Biscuit  
or  
Doughnuts  
or  
Grab-n-Go  
Cereal  
Fruit served with  
all choices

## Thursday

Choose  
Breakfast  
Burrito  
or  
Grab-n-Go  
Cereal  
Fruit served  
with all choices

## Friday

Choose  
Muffins  
or  
Grab-n-Go  
Cereal  
Fruit served  
with all choices

Fat free flavored milk, skim white milk,  
100% orange juice and apple juice served daily.

<u>Breakfast Prices:</u>	
Students: ADULT	NO COST \$2.90

# DEHS



# 2022-2023

# Menu