



LUNCH MENU



Country Café

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Chicken Mashed Potato Green Beans Tossed Salad Roll Fruit	Potato Bar Broccoli/Cheese Fruit	Chicken Basket Tossed Salad Fruit	Corndog Green Beans Mac/Cheese Carrot Sticks Bread Slice Fruit	Breakfast Bar Baked Apples

Sub And Salad Shoppe

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Turkey or Ham Wrap or Tuna or Pimento Cheese Sandwich or Chef Salad	Turkey or Ham Wrap or Tuna or Pimento Cheese Sand- wich or Chef Salad	Turkey or Ham Sub or Tuna or Pimento Cheese Sandwich or Chef Salad	Turkey or Ham Sub or Tuna or Pimento Cheese Sandwich or Chef Salad	Peanut butter Jelly or Chef Salad

*Subs and sandwiches are served with lettuce, tomato, pickles, onion.

Eagle Grill

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Cheeseburger Hamburger Spicy Chicken	Cheeseburger Hamburger Chili Hotdog Baked Beans	Cheeseburger Hamburger Buffalo Wrap	Cheeseburger Hamburger Chicken— bun	Cheeseburger Hamburger Fish

*Served with lettuce, tomato, pickles, onions and fruit.

*Fries will be shoestring, spicy, wedges or sweet potato fries.

Pizzazz

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Pizza Sticks Broccoli Tossed Salad	Taco Tossed Salad Refried Beans	Pizza Corn Tossed Salad	Spaghetti Garlic Toast Tossed Salad	Pizza Green Beans Tossed Salad

*Choice of vegetables and fruits.

Lunch Prices:

Students	No Cost
Employees	3.50
Visitors	3.75

Common food allergen triggers including, but not limited to, dairy, nuts, soy and wheat may have come in contact with all foods during product manufacturing or serving.

<u>Vegetables</u>	<u>Fruits</u>	<u>Milk</u>	<u>Juice</u>
Broccoli Carrot Cauliflower Celery Cucumber Green Beans Green Pepper	Lettuce Onion Potatoes Radish Refried Beans Tomato	Apple Banana Grapes Kiwi Orange Pears Pineapple Strawberries	Fat Free Flavored Skim White 100% Apple 100% Orange

*Menu is subject to change without notice due to price and availability of food.

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(1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or
(3) email: program.intake@usda.gov.

This institution is an equal opportunity provider

Breakfast Menu

Monday

Choose
Sausage
Biscuit
or
Pop Tart
or
Grab-n-Go
Cereal

**Fruit served
with all
choices**

Tuesday

Choose
Egg Cheese/Bun
or
Grab-n-Go
Cereal

**Fruit served
with all choices**

Wednesday

Choose
Muffins
or
Grab-n-Go
Cereal

**Fruit served with
all choices**

Thursday

Choose
Canadian bacon
Cheese /Biscuit
or
Grab-n-Go
Cereal

**Fruit served
with all choices**

Friday

Choose
Chicken/Biscuit
or
Doughnuts
or
Grab-n-Go
Cereal

**Fruit served
with all choices**

Fat free flavored milk, skim white milk,
100% orange juice and apple juice served daily.

Breakfast Prices:

Students:	NO COST
Employees	\$2.50
Visitors	\$2.75

DEHS



2018-2019

Menu