



LUNCH MENU



Mama's Kitchen

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Chicken Mashed Potato Green Beans Tossed Salad Roll Fruit	Potato Bar Broccoli/Cheese Baked Beans Carrot Sticks Bread Slice Fruit	Breakfast Bar Baked Apples Veggie Sticks Tossed Salad	Stir Fry Rice Noodles Tossed Salad Fruit	Corndog Mac/Cheese Broccoli Carrot Sticks Tossed Salad Fruit

Pop's Grill

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Cheeseburger Spicy Chicken Tossed Salad	Cheeseburger Chili Dog Baked Beans Tossed Salad	Cheeseburger Ham/Cheese Veggie sticks Tossed Salad	Cheeseburger Hamburger Grilled Chicken Tossed Salad	Cheeseburger Spicy Chicken Broccoli Carrot Sticks Tossed Salad

*Served with lettuce, tomato, pickles, onions and fruit

*Fries will be shoestring, spicy, wedges or sweet potato fries Tossed Salad Offered on all lines

Lunch Prices:

Students/Lunch	No Cost
Employees	3.50
Visitors	3.75

*Menu is subject to change without notice due to price and availability of food.

Common food allergen triggers including, but not limited to, dairy, nuts, soy and wheat may have come in contact with all foods during product manufacturing or serving.

Subs And Salads

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Turkey or Ham Wrap or Tuna or Pimento Cheese Sandwich or Chef Salad	Turkey or Ham Sub or Tuna or Pimento Cheese Sandwich or Chef Salad	Turkey or Ham Wrap or Tuna or Pimento Cheese Sandwich or Southwestern Chef Salad	Turkey or Ham Sub or Tuna or Pimento Cheese Sandwich or Chef Salad	Turkey or Ham Wrap or Tuna or Pimento Cheese Sandwich or Chef Salad

*Subs and sandwiches are served with lettuce, tomato, pickles, onion

*Vegetable sticks with dip, baked chips, tossed salad and fruit

Pizza And Lil' More

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Pizza Sticks Corn Tossed Salad	Taco Bar Tossed Salad Refried Beans	Pizza Green Beans Tossed Salad	Spaghetti Bread Stick Tossed Salad	Pizza Broccoli Tossed Salad

*Choice of vegetables and fruits

<u>Vegetables</u>	<u>Fruits</u>	<u>Milk</u>	<u>Juice</u>
Broccoli Carrot Cauliflower Celery Cucumber Green Beans Green Pepper	Lettuce Onion Potatoes Radish Refried Beans Tomato	Apple Banana Grapes Kiwi Orange Pears Pineapple Strawberries	Fat Free Flavored 1% White Skim White 100% Apple 100% Orange

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- mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- fax: (202) 690-7442; or
- email: program.intake@usda.gov.

This institution is an equal opportunity provider

Breakfast Menu

Monday

Choose

Biscuit Sausage
or
Grab-n-Go
Cereal

**Fruit served
with all
choices**

Tuesday

Choose

Doughnut
or
Grab-n-Go
Cereal

**Fruit served
with all choices**

Wednesday

Choose

Egg Cheese / Bun
or
Grab-n-Go
Cereal

**Fruit served with
all choices**

Thursday

Choose

Chocolate or
Blueberry Muf-
fin
or
Grab-n-Go
Cereal

**Fruit served
with all
choices**

Friday

Choose

Canadian Bacon
Cheese
Biscuit
or
Grab-n-Go
Cereal

**Fruit served
with all choices**

Fat free flavored milk, skim white milk, 100% orange juice and apple juice served daily.

Breakfast Prices:

Students:	NO COST
Employees	\$2.50
Visitors	\$2.75

DEMS



2018-2019

Lunch Menu