

What Color is Your Personality?

Personality Test

TEKS 130.204. 10 A, 10 B, 10 C



Teachers, I'm not sure where I first found this personality test, but it is the behavioral trait assessment tool I've used for years before engaging my students in teaming activities. It's simple, fun, and provides some personal insights, which help students recognize their and others personality types. Recognition of different personality types often helps students identify and resolve discord within their groups before they become dysfunctional. Once they understand why people act in certain ways, they tend to interact more amicably.

Objectives:

- Identify characteristics of the four basic personality types.
- Explain why productive groups are made up of a variety of personality types.
- Describe ways to diffuse personality conflicts in a group.

Pre-Instructions:

1. Have students circle one word or phrase per line on the Personality Test page that best describes him or her.
2. When they've completed that page, have them circle the corresponding colors on the Tally Sheet.
-For example: if a student circled **sensitive** on line 1 of the test page, he/she would circle **blue** on the tally sheet.
3. Once they complete the tally sheet they need to total the individual colors.

Post Instructions:

1. Ask class to raise their hands if they are a dominant **red**; then **yellow**; then **green**; then **blue**.
-Explain to students that they may have more than one dominate color. If colors tie, they can raise their hands two or three times (although a 3-way tie is rare).
2. Go over ***descriptions** of the four basic personality types (see following page):

RED: task and result oriented, likes recognition, likes to be on the move, doesn't like to be late, enjoys individual sports (golf, tennis, track, piano, individual dance, etc.) likes expensive showy things, generally honest, but their moral compass might deviate during a competitive showdown.

Red personality types tend to make good leaders. They love leadership roles and enjoy "managing" people (sometime perceived as bossy or having big egos). In the classroom setting, their hands will fly up when they know the answer. Generally, 1 out of 5 students will be red (I found a higher ratio, however, in my GT classes). They like to leader of the pack.

Car of choice: something flashy and expensive (e.g. sports car)

If they were an adult and had to put a swing set together: would pay somebody to do it for them

YELLOW: people oriented, expressive, friendly, loves to talk, extravagant, optimistic, enjoys team sports (volley ball, baseball, football, basketball, drill team, cheer team, etc.).

Yellow personality types are the glue that holds groups together. They are generally outgoing and fun loving. They are your classroom talkers. Yellows are usually the principal color in most groups. They like to run in packs.

Car of choice: one that's big enough to hold their friends

If they were an adult and had to put a swing set together: would invite their friends over to build and barbeque

GREEN: detail oriented, precise, controlled, likes to do things right the first time, likes to complete jobs, tends to be thrifty as adults.

Green personality types like order. They generally have neat lockers and organized notebooks. They are often perceived as "neat-freaks". They make wonderful treasurers, secretaries, or committee chairs in clubs. They will keep your group organized.

Generally speaking, 1 out of every 7 students will be green (once again—more in GT population). Likes to keep the pack on the trail.

Car of choice: hybrid vehicle (energy efficient)

If they were an adult and had to put a swing set together: would pull out the directions, carefully count and arrange the parts, then systematically build the swing set

BLUE: creative, freethinking, sincere, loyal, caring, perceptive, understanding, open-minded, oftentimes enjoys nature, many like the arts.

Blue personality types are often perceived as quiet, sometimes shy individuals. Oftentimes they may be loners or have one or two other "blue" friends. They are very innovative, idea people. They tend to be quiet in a group and should be called upon to share their ideas. Generally, 1 out of every 8 or 9 students will be blue. Blues don't usually run with the pack.

Car of choice: jeep, recreational vehicle, unusual car (off-road adventures)

If they were an adult and had to put a swing set together: would design their own swing set

*Because most people are blends of two dominate colors, they will see overlaps of each color trait.

Post Activity Discussion Questions:

- Why might more than one **red** personality type in a group lead to conflict?
- Why do you think **yellow** personality types need a **red** or **green** group member to keep them on task?
- How can you identify **blue** personality types in a group?
- Why should you ask “quiet” members of a group for their ideas?
- What can **green** personality types contribute to groups.
- Why is it important to have a variety of personality types in a group?

Last thoughts:

- Students, if you perceive a person being bossy or a me-me-me person, just tell yourself—it’s okay—he’s just a red personality.
- Teachers, if you perceive certain students as overly chatty and annoyingly talkative, just remind yourself that they are probably yellow personalities and are programmed to socialize. I’ll usually tell those students—“uh hmmm, your yellow is showing”. They understand what I’m getting at and will usually quiet down and not be insulted :)
- Teachers, remember to include your blue students in discussions, etc., as your red and yellow students will often overpower them.
- Teachers, remember that your green students are wonderful teacher assistants/helpers. I always show them how to work the projector, etc. in the event they have to have a sub.

Name _____

Personality Test Page: Which Color is Your Personality?

CIRCLE ONE WORD OR PHRASE PER LINE THAT BEST DESCRIBES YOU OR WHAT YOU LIKE:

- | | | | |
|----------------------------|---------------------------|-----------------------------|--------------------------|
| 1. self-confident | structured | sensitive | trusting |
| 2. spontaneous | checks with others | dreamer | analytical |
| 3. likes involvement | likes organization | likes being straightforward | likes to explore |
| 4. stubborn | dictatorial | rebellious | easily offended |
| 5. demanding | nurturing | persistent | quiet |
| 6. joiner | likes to brainstorm | resists change | takes charge |
| 7. cautious | overgenerous | harmonious | energetic |
| 8. caring/helpful | outspoken | steadfast behavior | mild mannered |
| 9. believable | forceful | disciplined | possessive |
| 10. daring | idealist | dutiful | playful |
| 11. logical | contented | friendly | bold/audacious |
| 12. "eager beaver" | imaginative | accurate/precise | well liked |
| 13. reserved | inventive | charismatic | optimistic |
| 14. authoritative | team worker | independent | conservative/traditional |
| 15. talkative | restless | conscientious/attentive | modest/unassuming |
| 16. leader | counselor | designer | controller |
| 17. meticulous | workaholic | supportive | self-directed |
| 18. industrious | attentive to details | prolific mental imager | positive thinker |
| 19. task-oriented | people-oriented | idea-oriented | result-oriented |
| 20. emotional | flexible/adaptable | likes recognition | particular |
| 21. irritable | rigid | easily slighted | easily threatened |
| 22. indirect | frank/candid | careful | strict |
| 23. goal-oriented | capable | volunteers for tasks | schedule-oriented |
| 24. excels in emergencies | thrives on compliments | dry sense of humor | avoids causing attention |
| 25. enjoys watching people | strong-willed, determined | enthusiastic | sets very high standards |
| 26. very self-confident | cautiously makes friends | likes to be thorough | dresses in trendy ways |
| 27. neat & tidy | looks good on outside | avoids conflicts | usually right |

Tally Sheet

- 1. red
- 2. red
- 3. yellow
- 4. green
- 5. red
- 6. yellow
- 7. green
- 8. yellow
- 9. yellow
- 10. red
- 11. green
- 12. red
- 13. green
- 14. red
- 15. yellow
- 16. red
- 17. green
- 18. red
- 19. green
- 20. blue
- 21. red
- 22. yellow
- 23. red
- 24. red
- 25. blue
- 26. red
- 27. green

- green
- yellow
- green
- red
- yellow
- blue
- blue
- red
- red
- blue
- blue
- blue
- blue
- yellow
- red
- yellow
- red
- green
- yellow
- yellow
- green
- red
- blue
- yellow
- red
- blue
- yellow

- blue
- blue
- red
- yellow
- green
- green
- yellow
- green
- green
- green
- yellow
- green
- red
- blue
- green
- blue
- yellow
- blue
- blue
- red
- blue
- blue
- yellow
- blue
- yellow
- green
- blue

- yellow
- green
- red
- blue
- blue
- red
- red
- blue
- blue
- yellow
- red
- yellow
- yellow
- green
- blue
- green
- blue
- yellow
- red
- green
- yellow
- green
- green
- green
- green
- yellow
- red

Totals:

RED _____

YELLOW _____

BLUE _____

GREEN _____