

October 1, 2021

To Whom it May Concern,

In order to help provide quality medical care to our athletes, we are looking for qualified high school seniors who are interested in working as a student athletic training aide at the University of Kentucky. Our goal each year is to bring in students who have an interest in a career in the medical field (i.e. athletic training, physical therapy, nursing, pre-med, etc.) and expose them to the profession of athletic training and sports medicine. Scholarships are available after a student completes one year in the program. Scholarships are awarded based on a student's performance in the athletic training room and the classroom.

If you know of any senior students who hold a 2.75 or above cumulative GPA and may be interested in becoming a student athletic training aide at the University of Kentucky, please have them fill out a copy of the enclosed application form and either email to me or mail to me by **December 1st, 2021 at: Joe Craft Football Training Center, 295 Alumni Drive Room 110, Lexington, Kentucky 40506-0280**. We will select students to interview with our full time staff in the spring. They may also contact the Visitor's Center at (859) 257-3595 for general information regarding the University of Kentucky.

Thank you for your assistance in providing this information to interested students. Please contact me at (719)-659-7178 or by e-mail at Skyler.cottrell@uky.edu if you have any further questions.

Sincerely,

Skyler Cottrell, MS, ATC, LAT
Assistant Athletic Trainer

Enclosed:
Application Form
Program Information Sheet



STUDENT ATHLETIC TRAINER APPLICATION FORM

MR. or MISS NAME _____
(Circle One) (Last) (First) (Middle Initial)

PERMANENT HOME ADDRESS _____
(Street) (City) (State) (Zip Code)

PHONE NUMBER(S): HOME () _____ / CELL () _____

BIRTH DATE _____ E-MAIL ADDRESS _____

PARENT(S)/GUARDIAN NAME (live with) _____

HIGH SCHOOL OR COLLEGE CURRENTLY ATTENDING _____

(City) (State)

HIGH SCHOOL/COLLEGE: FR SO JR SR PLANNED GRADUATION DATE _____

PRESENT G.P.A. _____ ACT SCORE _____ SAT SCORE _____

LIST ANY PREVIOUS WORK EXPERIENCE/EXTRA CURRICULAR ACTIVITIES: _____

ANTICIPATED MAJOR/FIELD OF STUDY _____

DESIRED WORK AFTER GRADUATION _____

HAVE YOU VISITED THE UNIVERSITY OF KENTUCKY? YES _____ NO _____
HAVE YOU APPLIED TO THE UNIVERSITY OF KENTUCKY? YES _____ NO _____
HAVE YOU BEEN ADMITTED? YES _____ NO _____

WOULD YOU BE WILLING TO WORK WEEKENDS AND/OR HOLIDAY PERIODS AS A STUDENT
ATHLETIC TRAINER? YES _____ NO _____

**ATTACH A SUMMARY STATING WHY YOU WISH TO ATTEND THE UNIVERSITY OF
KENTUCKY AS A STUDENT ATHLETIC TRAINER AND YOUR GOALS FOLLOWING
GRADUATION.** Letters of Recommendation are not required, but accepted.

UNIVERSITY OF KENTUCKY

What is an Athletic Trainer?



Athletic Training is practiced by Athletic Trainers, health care professionals who collaborate with physicians to optimize activity and participation of patients and clients. Athletic Training encompasses the prevention, diagnosis, and intervention of emergency, acute, and chronic medical conditions involving impairment, functional limitations, and disabilities. They work hands-on with the athletes daily for injury treatment and rehabilitation.

Athletic training is NOT the same profession as personal training. Certified athletic trainers work with more than just athletes – they can be found just about anywhere that people are physically active.

Please visit NATA.org for more information on Athletic Training!

Students who want to become an Athletic Trainer as a career should take the following pathway:

- After obtaining an undergraduate degree in a health science related field, apply to a graduate accredited program. This program will include formal instruction in upper and lower extremity evaluation/rehab, injury prevention, emergency action plans, etc. Students can then sit for the national board exam (BOC) after receiving their master's degree.



OUR STUDENTS

Our students major in a variety of fields: human health science, kinesiology, pre-physical therapy, nursing, and even business. They are given priority registration when registering for classes. This means they schedule with the other student athletes days before the rest of campus. This allows them to register for the classes they need and work their schedule around the practice times for their assigned sport. Last semester our students had phenomenal grades:

- 84% achieved a 3.0 or higher semester GPA
- 74% (14 students) attained at least a 3.50 GPA for the semester
- 21% (4 students) attained a 4.0 GPA for the semester

If you have any other questions please email me at skylar.cottrell@uky.edu

